## Week Commencing 3rd May 2021

### LUNCH

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
<th>SUNDAY</th>
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</thead>
</table>
| Mushroom stroganoff with herb rice  
(CE, MU)  
£2.60 | Green Thai tofu curry rice bowl, lime and coriander  
(S)  
£2.60 | Salt & pepper tempura tofu with pak choi, bean sprouts and toasted peanuts  
(G, S, N)  
£2.60 | Sweet potato & black bean burger with cashew milk dressing  
(N, G)  
£2.60 | Aubergine stuffed with quinoa and vegetables  
(CE, G)  
£2.75 | Herb roasted field mushroom, vegan brioche bun, rocket, smoked white bean puree, hash browns  
(G)  
£3.50 | Roasted cauliflower with thyme & smoked paprika  
(–)  
£3.40 |
| Chargrilled jerk pork steak with papaya and mango salsa  
(–)  
£3.25 | Pasta bar  
(G, E)  
£2.60 | Cauliflower macaroni cheese, with tomato and nut crumb  
(MU, N, M)  
£2.60 | Pasta bar  
(G, E)  
£2.60 | Penne pasta leeks, smoked garlic & wild mushrooms  
(G, M, E)  
£2.60 | Darwin chicken waffles  
(G, M, E)  
£3.75 | Roast chicken, with trimmings  
(CE, G, M, E)  
£3.75 |
| Pan fried sea trout with pearl barley risotto, tender stem broccoli and lemon  
(F, G, CE)  
£2.60 | Gnocchi with spinach pesto and mascarpone  
(CE, N, M)  
£2.75 | Sri Lankan curry with toasted almonds and yoghurt  
(S, G, N)  
£3.25 | Mozambican BBQ chicken with lime, red onion, chilli and coriander  
(–)  
£2.75 | Chicken breast, black olive tapenade & mozzarella, spinach  
(M)  
£3.25 | Beer battered fish of the day  
(G, F, MU)  
£2.60 |
| Gluten free crispy hake with yuzu aioli and rocket salad  
(F, E, MU)  
£3.40 | Pasta bar  
(G, E)  
£2.60 | Roast haddock fillet feta mash, roasted prawn veloute  
(F, M, CR)  
£3.40 | Breaded harissa cod with lemon and red onion & coriander cous cous  
(M, E, G, F, MU)  
£3.40 | Beer battered fish of the day  
(G, F, MU)  
£2.60 | | |

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**Change at short notice, if having any allergies, please notify a member of staff.**  
**You can leave your comments, suggestions here.**
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<tbody>
<tr>
<td>Chunky ratatouille, salsa verde &amp; lemon oil (SD)</td>
<td>Sicilian aubergine stew, cous cous and toasted almonds (SD, N)</td>
<td>Fry Up Night (see menus on night)</td>
<td>Wild mushroom taleggio risotto with white truffle oil (M, SD, CE)</td>
<td>Burger Night (see menus on night)</td>
<td>Pizza Night (see menus on night)</td>
<td>Roast mushroom, garlic, parsley &amp; lemon ()</td>
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<tr>
<td>Leek and butternut pasta gratin (G, M, E)</td>
<td>Pasta bar (G, E)</td>
<td>In the Gardens</td>
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<td>Roast chicken, with trimmings (CE, G, M, E)</td>
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<td><strong>£2.60</strong></td>
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<td>Sea trout, black sesame seeds, ponzu sauce and pak choi (F, SE, S, CE)</td>
<td>Cornish crab linguine with fennel, lemon, and pea shoots (CR, G, E, M)</td>
<td></td>
<td>Roast chicken quarter, cranberry shiraz relish, with stuffing and gravy (G, CE)</td>
<td>Salmon coulibiac with hollandaise sauce (F, E, G, MU)</td>
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<tr>
<td>Cajun spiced chicken, pinto beans and piri piri mayo (E, MU)</td>
<td>Baby back pork ribs marinated with honey, rosemary and mustard (SD, MU)</td>
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<td>Celery CE</td>
<td>Egg E</td>
<td>Nuts N</td>
<td>Pork PO</td>
<td>Peanuts P</td>
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<td>Gluten G</td>
<td>Fish F</td>
<td>Molluscs MO</td>
<td>Milk M</td>
<td>Sesame SE</td>
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<td>Crustaceans CR</td>
<td>Lupin L</td>
<td>Sulphites SD</td>
<td>Mustard MU</td>
<td>Soya S</td>
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Dishes may change at short notice, if have any allergies, please notify a member of staff.

We welcome your comments, suggestions and feedback. You can leave yours here [feedback](#).