### LUNCH

**MONDAY**
- Agedashi with buckwheat noodles
  - £2.35  
  - (CE, S)
- Fillet of fish with prawn and fennel sauce
  - £2.90  
  - (CR, F, MO)
- Mustard mash-topped ham and leek pie
  - £2.60  
  - (CE, G, SD)
- Todays’ pasta with choice of two sauces
  - £2.35  
  - (G, E, M, SD)

**TUESDAY**
- Vegetable kofta kebabs with cous cous
  - £2.35  
  - (G, E, M, SD)
- Smoked haddock fish cakes with creamed leeks
  - £2.90  
  - (CE, G, F, SD)
- Chicken and stilton pasty
  - £2.35  
  - (CE, G, M, SD)
- Korean beef with vegetables
  - £2.60  
  - (G, E, M, SD)

**WEDNESDAY**
- Roasted pepper quiche
  - £2.35  
  - (G, L, M, N)
- Pan roasted salmon with three tomatoes
  - £2.90  
  - (F)
- Spicy beef south African curry
  - £2.60  
  - ()
- Todays’ pasta with choice of two sauces
  - £2.35  
  - (G, E, M, SD)

**THURSDAY**
- Mushroom & smoked cheddar bread & butter pudding
  - £2.35  
  - (CE, F)
- Fish and prawn pasties
  - £2.60  
  - (G, CH, E, F, M)
- Belly of pork with red cabbage and apple compote
  - £2.60  
  - (CE, SD)
- Todays’ pasta with choice of two sauces
  - £2.90  
  - (G, E, M, SD)

**FRIDAY**
- Asian bean cakes
  - £2.35  
  - (G, SE, S)
- Deep fried fish with tartar sauce
  - £2.90  
  - (G, F)
- Harissa and lime roasted chicken
  - £2.60  
  - (G, M, N, SD)
- Todays’ pasta with choice of two sauces
  - £2.90  
  - (G, M, N, SD)

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If you have any allergies, please notify a member of staff.

We welcome your comments, suggestions and feedback. You can leave yours here [feedback](#).
## 9th OCTOBER 2017

### DINNER

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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</thead>
<tbody>
<tr>
<td>Artichoke and broad bean risotto with deep fried mushrooms</td>
<td>Mushroom and nut crumble</td>
<td>Baked cheesy eggplant rolls</td>
<td>Asian mushroom and vegetable laksa</td>
<td>Roasted vegetable cannelloni</td>
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<tr>
<td>Asian salmon &amp; sweet potato</td>
<td>Fish goujons with lemon pepper mayonnaise</td>
<td>Smoked haddock potato pie</td>
<td>Scampi and tartar sauce with lemon</td>
<td>Keralan fish curry</td>
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<td>Tray bake</td>
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<tr>
<td>Pomegranate chicken casserole</td>
<td>Roasted beef with Yorkshire pudding</td>
<td>Chicken and butternut cacciatore</td>
<td>Beef meat loaf home style gravy</td>
<td>Marmalade pork shoulder</td>
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<tr>
<td>Turkey and chestnut mushroom stroganoff</td>
<td>Braised duck peas bacon and mint</td>
<td>Lamb kebab with mint pesto and farmhouse potatoes</td>
<td>Pan-Asian Chicken Laksa</td>
<td>Chicken and pork hirata bun</td>
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<td>Allergen Key:</td>
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<tr>
<td>Celery CE</td>
<td>Egg E</td>
<td>Nuts N</td>
<td>Pork PO</td>
<td>Peanuts P</td>
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<td>Gluten G</td>
<td>Fish F</td>
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<td>Milk M</td>
<td>Sesame SE</td>
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<tr>
<td>Crustaceans CR</td>
<td>Lupin L</td>
<td></td>
<td>Mustard MU</td>
<td>Soya S</td>
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<tr>
<td>Molluscs MO</td>
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<td>Sulphites SD</td>
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