### Week Commencing 7th September 2020 take-away hot meals

**LUNCH 12.00 noon – 2.00pm**

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
<th>SUNDAY</th>
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| Mushroom and madeira stew, walnuts and lemon polenta  
*(N, CE)*  
£3.50 | Tomato, dill, black olive and orzo  
*(SD, G)*  
£3.50 | Field mushroom, sundried tomato, pesto, burger bun  
*(G, SD)*  
£3.50 | Cajun tomato, courgette and black bean risotto  
*(CE, G)*  
£3.50 | Sweet potato, black bean and chipotle enchiladas  
*(G)*  
£3.50 | Mushroom and butternut dahl  
*(G)*  
£3.50 | Roast aubergine, roast potatoes, vegetables and gravy  
*(CE, S)*  
£3.50 |
| Swedish meatballs with dill mash  
*(G, M, F, MU)*  
£3.75 | Chicken souvlaki with lemon and walnut tahini  
*(CE, M, N, P, G, SE)*  
£3.75 | Chicken Malabar curry  
*(MU)*  
£3.75 | Beer battered fish of the day, tartare sauce  
*(F, MU)*  
£3.75 | Roast turkey with parsley sauce  
*(G, SD)*  
£3.75 | Roast chicken, with trimmings  
*(CE, G, M, E)*  
£3.95 |

**DINNER 6.00pm – 8.00pm**

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| Miso, maple & aubergine burger, Asian herb salad  
*(S, G)*  
£3.50 | Sweet potato & chickpea curry, rice  
*(SD, CE, MU)*  
£3.50 | Pulled Oumph! burger  
*(G, S)*  
£3.50 | Smokey beans, garlic sourdough toast & avocado  
*(G)*  
£3.50 | Vegan Margherita pizza  
*(G)*  
£3.50 | Sweet red onion & cauliflower tart, green salad  
*(G)*  
£3.50 | Tofu laksa with bean shoots, lime & coriander  
*(S)*  
£3.50 |
| Sri Lankan chicken kottu  
*(E, G, MU, CE)*  
£3.75 | Ground pork tacos with Pico de Gallo & Monterey Jack  
*(CE, G, M)*  
£3.75 | Thai minced turkey with garlic and basil  
*(G, SD, F, M)*  
£3.75 | Smoked cod loin. Creamed spinach & bacon  
*(G, SD, F, M)*  
£3.75 | Stuffed beef tomato & coconut veg Asian slaw  
*(S, MU, E)*  
£3.75 | Char sui pork & black vinaigrette Asian slaw  
*(S, MU, E)*  
£3.75 | Hake with wild garlic sauce and leeks  
*(F, G, M, CE)*  
£3.75 |

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**Allergen Key:**
- Celery (CE)
- Gluten (G)
- Egg (E)
- Fish (F)
- Nuts (N)
- Molluscs (MO)
- Pork (PO)
- Peanuts (P)
- Sesame (SE)
- Sulphites (SD)
- Mustard (MU)
- Soya (S)

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**Sustainable Fish Cities**

*We're a Gold Green Impact Award Winner!*

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**Cambridge Sustainable Food**