



Week Commencing 17th December 2018



BREAKFAST AND LUNCH ONLY SERVICE

MONDAY

Tahini roasted cauliflower with lemony herb oil

£2.50

(N, P, SE)

Crispy polenta halloumi with tomato and black bean salsa, smoked paprika mayo with brioche bun

£2.70

(M, G, E, MU)

Roast seabass with olive oil mash and gremolata

£3.00

(F, M)

Pan-fried chicken with lemon, caper, marsala caramelised butter sauce

£3.00

(SD, M)



Allergen Key:

TUESDAY

Panko fried aubergine with katsu curry sauce

£2.50

(E, M, G, S, CE)

Pasta bar

£2.50

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Baked Salmon with pea and mint houmous with lemon

£3.40

(F, SE, P, N, M)

Lamb meatballs with feta, tomato and toasted pinenut bake

£2.70

(M, G, E, SU, N)



Celery **CE**

Gluten **G**

Crustaceans **CR**

WEDNESDAY

Onion pakoras with avocado dipping sauce

£2.50

(G)

Portobello mushroom with watercress leeks and goats cheese

£2.70

(M)

Halibut with clam chowder and smoked pancetta

£3.40

(F, MO, M, CR)

Beef masala curry

£2.70

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Egg **E**

Fish **F**

Lupin **L**

THURSDAY

Sugar snap pea and carrot soba noodles

£2.50

(G, SE, S, E)

Pasta bar

£2.50

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Cajun spiced seabass with charred sweetcorn, pink grapefruit

£3.40

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Chicken burger with brioche bun and yuzu remoulade

£2.70

(G, E, M, MU)



Nuts **N**

Molluscs **MO**

Sulphites **SD**



Pork **PO**

Milk **M**

Mustard **MU**

FRIDAY

Vegetable tagine and saffron cous cous

£2.50

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Pan-fried celeriac steak with garlic and herb butter, kale and salsa verde

£2.70

(M, SD, CE, MU)

Beer battered haddock

£3.00

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Ketjap manis chicken skewer with lime and turmeric rice

£2.70

(S, CE)

Peanuts **P**

Sesame **SE**

Soya **S**

If you have any allergies, please notify a member of staff

We welcome your comments, suggestions and feedback. You can leave yours here [feedback](#)