**Week commencing 16th April 2018**

### LUNCH

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Broccoli and brie quiche £2.35</td>
<td>Welsh Glamorgan vegetarian sausages with onion gravy £2.35 (G, E, L, M, N)</td>
<td>Sundried tomato gnocchi with rocket £2.35 (G, E, M)</td>
<td>Beef tomatoes stuffed with coconut vegetables £2.35 (G, M, MU)</td>
<td>Vegetable jambalaya £2.35 (CE, G)</td>
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<tr>
<td>Herby seafood crumble £2.90 (G, CR, F, M, MO)</td>
<td>Roast trout with spinach, sage and prosciutto £2.90 (F, N)</td>
<td>Hake with braised artichokes, peas &amp; bacon £2.90 (CE, F, SD)</td>
<td>Catfish with chipotle &amp; ancho chilli recado £2.90 ()</td>
<td>Deep fried fish with tartar sauce £2.90 (G)</td>
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<tr>
<td>Breaded chicken with garlic and parsley butter £2.60 (G, E, M)</td>
<td>Denham farm state game &amp; red wine pie £2.60 (CE, G, SD)</td>
<td>Sweet potato and chicken curry £2.60 (CE)</td>
<td>Lamb and root vegetable cobbler £2.60 (CE, G, M)</td>
<td>Chicken, mushroom and tarragon pie with shortcrust pastry £2.60 (CE, G, SD)</td>
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<tr>
<td>Vegetables chimichanglers £2.35 (G, M)</td>
<td>Todays’ pasta with choice of two sauces £2.35 (G, E, M, SD)</td>
<td>Spicy chicken pasty with sticky pickle £2.35 (CE, G, E, M)</td>
<td>Todays’ pasta with choice of two sauces £2.35 (G, E, M, SD)</td>
<td>Pork fajita £2.60 (G, E, M, SD, S)</td>
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If you have any allergies, please notify a member of staff
We welcome your comments, suggestions and feedback. You can leave yours here feedback
**DINNER**

**MONDAY**
- Sweet potato and white bean chilli began  
  £2.35  
  *(M)*
- Fish gumbo  
  £2.90  
  *(CE, F, N, S)*
- Beef Banh mi with pickle  
  £2.60  
  *(G, CR, E, M, MO, SE, S)*
- Red wine braised duck leg with baby onions and mushrooms  
  £2.35  
  *(CE)*

**TUESDAY**
- Baked aubergine stuffed with quinoa and vegetables  
  £2.35  
  *(I)*
- Haddock and tomato bake  
  £2.90  
  *(G, F, M)*
- Beef with park choi mushrooms and noodles  
  £2.60  
  *(CE)*
- Chicken wellington with madeira sauce  
  £2.35  
  *(G, E)*

**WEDNESDAY**
- Vegan shepherds pie  
  £2.35  
  *(CE, G, M)*
- Hot smoked salmon with chilli salsa  
  £2.90  
  *(F)*
- Herby lamb burgers with beetroot mayo  
  £2.60  
  *(G, E, F, M, MU, SD)*
- Tandoori grilled vegetables with nann bread and salad  
  £2.35  
  *(M)*

**THURSDAY**
- Sicilian aubergines stew with gnocchi  
  £2.35  
  *(G, E, M, N, SD)*
- Vietnamese fish hot pot  
  £2.90  
  *(CR, F, MU)*
- Pulled beef burritos  
  £2.60  
  *(G, E, M)*
- Beef and pepper kebab with barbeque sauce, onion rings  
  £2.60  
  *(G, E, F, M, SD)*

**FRIDAY**
- Sweetcorn fritters with roasted pesto vegetables  
  £2.35  
  *(G, E, M)*
- Prawn pad Thai  
  £2.90  
  *(CR, N)*
- Pizza 2 x slices and rocket salad  
  £2.35  
  *(G, M)*
- Fish fingers with homemade tomato ketchup  
  £2.60  
  *(G, E, M, S)*

**Allergen Key:**
- Celery CE
- Gluten G
- Fish F
- Molluscs MO
- Egg E
- Lupin L
- Molluscs CR
- Nut N
- Pork PO
- Sesame SE
- Soy S
- Mustard MU
- Sulphites SD

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