

Darwin College hall weekly menus 19th October 2015



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Monday lunch	Tuesday lunch	Wednesday lunch	Thursday lunch	Friday lunch
Main Dishes	Main Dishes	Main Dishes	Main Dishes	Main Dishes
Pasta bolognaise with spaghetti	Oven baked Chicken thigh with	Rajasthan mutton curry	Roast topside of beef with	Souvlaki with flat bread and
and garlic crumb	tomato and olive sauce		Yorkshire pudding	greek salad
		Pollack caramelized onion and		
Roasted pesto salmon	Maui style Mahi Mahi	aubergine pie	Spiced catfish with sweet and	Deep fried Pollack with tartar
With beetroot slaw			sour cucumber	sauce
	Greek stuffed peppers 🐠	Mushroom stroganoff		
Cauliflower and potato curry		with pilaff rice	Aubergine and tofu stir fry W	Broccoli brie and pinenut quiche
_ , , , , , , , , ,	Sweet and sour tofu with rice			
Fuseli with golden beetroot and	noodles 🗸	Lebanese chicken flat bread with	Leek smoked garlic and wild	Mediteranean Fish stew
olives		tabbouleh	mushroom pasta 🕡	with dumplings
Deli, soup and salad bar	Deli, soup and salad bar	Deli, soup and salad bar	Deli, soup and salad bar	Deli, soup and salad bar
Baguette:	Baguette:	Baguette:	Baguette:	Baguette:
ham and gruyere	ham and gruyere	ham and gruyere	ham and gruyere	ham and gruyere
<i>5 </i>	, , , , , , , , , , , , , , , , , , ,	,	3 ,	,
The classic:	The classic:	The classic:	The classic:	The classic:
Smoked salmon	Smoked salmon	Smoked salmon	Smoked salmon	Smoked salmon
and dill crème fraiche	and dill crème fraiche	and dill crème fraiche	and dill crème fraiche	and dill crème fraiche
mature chedder	mature chedder 🕡	mature chedder	mature chedder	mature chedder
and tomato	and tomato	and tomato	and tomato	and tomato
special sandwiches also daily	special sandwiches also daily	special sandwiches also daily	special sandwiches also daily	special sandwiches also daily
<u>Sides</u>	<u>Sides</u>	<u>Sides</u>	<u>Sides</u>	<u>Sides</u>
Sauté potatoes	Cous cous	Pilaff rice	Roast potatoes	Chipped potatoes
Pilaff rice	Sweet potato fries	Bombay potatoes	Jacket wedges	Herbed new potatoes
Sugar snaps	Baton carrots	Stir fried spiced cabbage	Honey roasted parsnips	Mushy peas
Broccoli florets	Sautéed leeks	Garden peas	Buttered green beans	Broccoli florets
See display for sweet things	See display for sweet things	See display for sweet things	See display for sweet things	See display for sweet things



If you have any allergies please notify a member of staff We welcome your comments, suggestions and feedback. You can leave yours here <u>feedback</u>



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Monday dinner <u>Main and street food dishes</u>

Turkey cutlet with cream tarragon mushroom sauce

Thai red fish curry with noodles

Baked butternut with ricotta and spinach

Salt baked fish with penne and pancetta pasta

Street food lavaniya batata vpice potato

Deli and salad bar

Baguette: ham and gruyere

The classic: Smoked salmon and dill crème fraiche

mature chedder **w** and tomato

special sandwiches also daily

Sides
New potatoes
Farmhouse potato
Sliced green beans
Roasted Mediterranean
vegetables

See display for sweet things

Tuesday dinner

Main and street food dishes

Roast pork belly with cider gravy

Lemon fillet of hoki with tomato and olive pesto

Limoges potato pie **W**

Game meat balls with Greek mountain herb tomato sauce

Street food
Ourry wur/t with cabbage

Deli and salad bar

Baguette: ham and gruyere

The classic: Smoked salmon and dill crème fraiche

mature chedder and tomato

special sandwiches also daily

Sides
Roast new potatoes
Mashed potatoes
Swede with brambly apple
Greens

See display for sweet things

Wednesday dinner
Main and street food dishes

Beef and shitake mushroom chow Mein

Fillet of hake with stewed peppers

Spinach and mushroom couillibac with butter sauce

Butternut squash rigattoni

Street food
Spring roll with noodles

Deli and salad bar

Baguette: ham and gruyere

The classic: Smoked salmon and dill crème fraiche

mature chedder and tomato

special sandwiches also daily

Sides
Dauphinoise potatoes
Croquette potato
Buttered corn on the cob
Braised leeks

See display for sweet things

Thursday dinner

Main and street food dishes

Asian chicken pot pie with water chestnuts

Fillet of home smoked salmon with lemon risotto

Sweet potato and bean burritos

> Street food Ham and cheeze panini

Deli and salad bar

Baguette: ham and gruyere

The classic: Smoked salmon and dill crème fraiche

mature chedder and tomato

special sandwiches also dail

Sides
New potatoes
Sauté potato
Sugar snap peas
Roasted courgettes

See display for sweet things

Friday dinner
Main and street food dishes

Buttermilk fried chicken

Grilled fillet of smoked cod with Boston clam chowder

Quorn pilaff with vegetables and saffron

Gammon steak with fried egg

Street food Aloo tikka

Deli and salad bar

Baguette: ham and gruyere

The classic: Smoked salmon and dill crème fraiche

mature chedder and tomato



special sandwiches also daily

Sides
Thin chips
Boiled new potato
Garden peas
Medley of vegetables

See display for sweet things





Vegan



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Dish	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Sulphur Dioxide	Soya	vegan	vegetarian
MONDAY																
TUESDAY																
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Dish	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur	Soya	vegan	vegetarian
												Seeds	Dioxide			
TUESDAY CONT																
WEDNESDAY																
Lebanese chicken flat						1	-									
bread		х					х									
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Dish	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Sulphur Dioxide	Soya	vegan	vegetarian
THURCDAY												00000				
THURSDAY																
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SANDWICHES																
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The classic:		X			X		X									
Smoked salmon and dill crème fraiche																1
Baguette:	1		1	+	1	1	· ·	1	1	1	1	 			1	
ham and gruyere	1	X					X		İ	1			İ			