

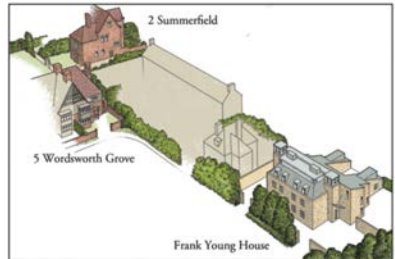
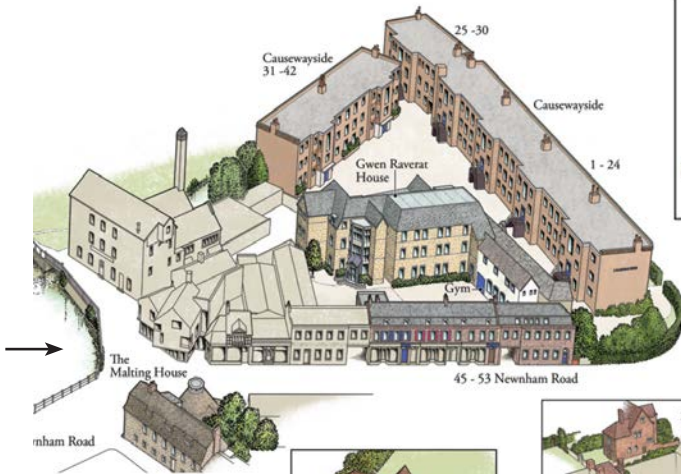
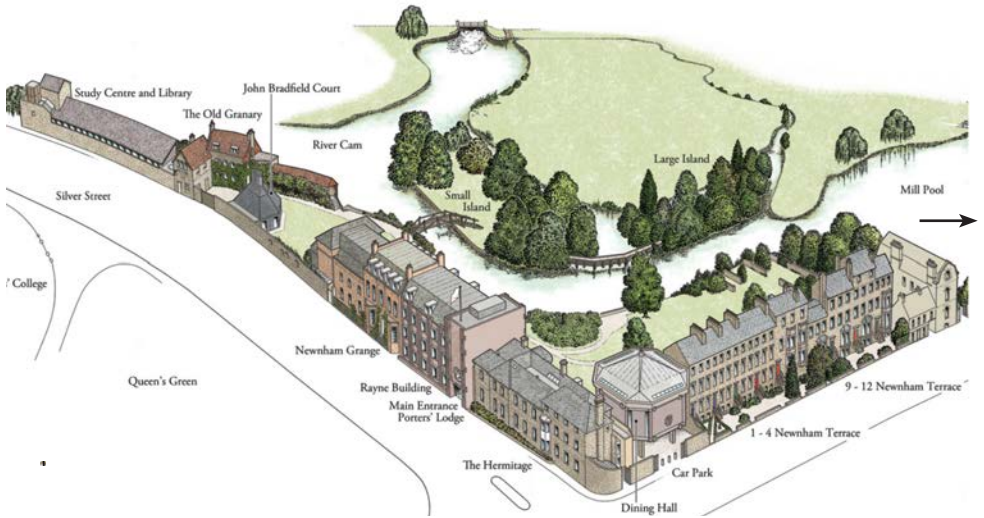


The Darwin College Students' Association Welcome Guide 2022



linktr.ee/dcsa.cam

Darwin Map



Welcome to Darwin College



Dear New Darwinians,

A very warm welcome to Darwin College and congratulations on making it to the University of Cambridge! Reputation aside, Cambridge is truly a university of opportunity, world-class global research and people at the top of their fields - which you are now deservedly a part of!

You are also becoming a Darwinian: a part of an incredible international community of students, staff and alumni. While Cambridge can at times feel overwhelming, Darwin truly is a home. Our peaceful grounds offer a haven to relax in and recharge, and we have the largest, most friendly, vibrant and caring graduate community in Cambridge - which I hope you will become an integral part of over the coming year.

It is true when they say that you get out what you put in, and this is something I can personally attest to from my time at Darwin. There are so many ways to get involved: our many college sports

teams and societies, parties, special formals, welfare teas, punting, family picnics, and of course the best college bar in town! While your studies can at times be demanding, I encourage you to make the most of college life - for many of us our best memories of our time at Cambridge were made here at Darwin.

This booklet is prepared by the DCSA (we've all been where you are!) and aims to be a guide to make things a little easier as you start your Cambridge journey. Over the next two weeks, we have organised a packed calendar of events to provide you with many opportunities to familiarise yourself with Darwin College and meet your fellow Darwinians.

By "we", I speak on behalf of the DCSA Executive Committee (EC) - a group of 23 elected student volunteers who are your student representatives. If you have a question, idea, or just want to have a chat, you are more than welcome to reach out anytime. The Cambridge experience is exciting, but can also be daunting at times, and we're here to support you along the way and make this year an amazing one for all Darwinians!

Once again, welcome to Darwin - I'm looking forward to meeting you!

Best,

Chelsea Edmonds

DCSA President 2022 - 2023

Survival Guide

Porter's Lodge and Mail

The Porters' Lodge is the first point of call for general enquiries or emergencies. It is where you'll find your pigeonholes for post. We recommend you use your college address whenever possible:

Darwin College, Silver St
Cambridge, CB3 9EU

A porter is on duty **24 hours every day**. You can call them at +44 1223 335660 or email porters@darwin.cam.ac.uk.

Maintenance & Laundry

If something is wrong with any of the furniture or fittings in your room, there are maintenance forms at the Porters' Lodge. Alternatively, you can send an email to: maintenance@darwin.cam.ac.uk. There are washers and dryers on the ground floor of the college main site, available for free to all members, and at Frank Young, Gwen Raverat House, and in many of the other accommodations.

Facilities

Darwin has a range of facilities, including: music practice rooms, showers, lockers, meeting rooms, private study rooms, the punt house, sports equipment, and a new gym located next to Gwen Raverat House. To use the gym, you must first complete a gym induction. Meeting or study rooms may be booked through the college bursary (bursary@darwin.cam.ac.uk). Further details can be found at: www.dcsa.darwin.cam.ac.uk/facilities/.

Banks

Lloyds, HSBC, Barclays, Santander and NatWest are the main UK banks. You should be able to open a basic account with them or online banks, although you will need a letter from the Deanery confirming your address. Book an appointment early to avoid the rush.

Bikes

Most people travel around Cambridge by bike. Don't over-invest though, as Cambridge is notorious for bike thefts, so get a good lock. Bike shops are marked on the map on the back cover. You will need a Darwin bike tag to keep your bike on Darwin premises – you can get one at the welcome desk, or ask the porters.

Phone/Data

If you've brought your own mobile/cell phone, you can get a new SIM card from most networks, or you can get a new phone with a contract. It is worth asking around which provider has good coverage where you live.

Doctors

You need to register with a local doctor (GP) as soon as possible. The closest to Darwin is Newnham Walk Surgery. For emergencies, dial 999. Porters and other staff are first aid trained and a number of them are Mental Health First Aid trained so please do contact the Porters if you need assistance.

Survival Guide - Welfare

Counseling Services

In the 2021/22 academic year, we were delighted to welcome Beau Roberts to the College as our new Welfare Advisor. Beau is based in the Deputy Dean's office on Tuesdays and Wednesdays and is available to offer therapeutic wellbeing support to those who need it either in person or online. The aim of this service is to ensure that students have a specific space within College which is safe and confidential for those who feel they need extra support. Beau can be reached at wellbeing@darwin.cam.ac.uk. The University Counselling Service also provides student counselling, <https://www.counselling.cam.ac.uk/>, and the Cambridge Samaritans offer free confidential support by calling 116 123.

Spirituality

While we don't have a chapel, Darwin students are welcome at Queens' College chapel. For queries regarding chapel events please contact the Reverend Max Bayliss (mtb52@cam.ac.uk)

Graduate Tutor

Your Postgraduate Tutor is a College Fellow who can offer confidential advice and support on non-academic problems. If your work is disrupted and you need to take time off, your Tutor will help you ensure that your application is presented properly to the relevant university bodies. There is a message

from your Postgraduate Tutor in your Welcome Pack and you will also have received an email from them. You can also find out who your Graduate Tutor is anytime on the 'Academic' section via CamSIS: www.camsis.cam.ac.uk

Mental Health Support

For university student wellbeing advice, head here: <https://www.studentwellbeing.admin.cam.ac.uk/where-go-accessing-support>. Student Minds Cambridge is the Cambridge branch of Student Minds, the UK's student mental health charity. You can find useful information about their events support here: www.studentmindscambridge.wordpress.com

Menstrual Products and Contraception

Free menstrual products are provided in the study centre and main building bathrooms for emergency use. You can also find free emergency pregnancy tests and condoms in the main building bathrooms. Please contact the Welfare Officers if you see stocks running low!

Sexual Health Support and Testing

The NHS offers a sexual health service called iCaSH in Cambridgeshire. You can order a free, confidential and discreet routine STI testing kit through them. They also offer advice and material on contraception, treatment for sexually transmitted infections, as well as HIV care and treatment. Visit icash.nhs.uk.

Survival Guide

Consent

At Darwin College all students should have their bodily autonomy respected. Our core values of respect and support are encouraged from the start of your time here with consent and bystander activism workshops. These workshops aim to increase awareness around sexual consent to help our community understand and respect personal boundaries to prevent unwanted sexual advances or assault. A bystander activism introduction will also help establish a community where we can support our peers and have the confidence to speak out when something doesn't feel like appropriate behaviour. *Please fill in the consent workshop form to let us know which consent workshop you'll attend!*

Disability Resource Centre (DRC)

The Disability Resource Centre can help you access specialised support and adjustments once you have disclosed your disability, impairment or medical condition to the University. You may have done this in your application but you can also disclose at any time. Use this form to register for support - www.disability.admin.cam.ac.uk/student-information-form. If you don't have an official diagnosis, you can begin the process of finding support by contacting disability@admin.cam.ac.uk. You get to decide who sees the information, and it will only ever be used to help you. Contact your disabilities officer for further confidential advice.

Who to Contact - Welfare

If you needs to talk to someone about a welfare-related issue, please reach out to your Graduate Tutor for support and advice in the first instance. They will be able to help with the next steps of any University processes related to welfare, e.g harassment reporting, DRC communications or hardship funding. The DCSA Welfare Officers and the Wellbeing Advisor can also help signpost, share information, and support you during your time at Darwin. If you are part of, or see any incident happening in College please report these directly to the Porter's Lodge as soon as possible.

COVID-19

The 2022/23 academic year is expected to see all University and College life return to normal after the impacts of the pandemic, however there remain a few recommendations. Firstly vaccinations remain available across Cambridge, often on the same day, and we recommend that everyone who is able to be fully vaccinated does so. Secondly, Covid-19 is still transmitting in the community and may impact some more than others, as with many common diseases. If you develop any Covid symptoms, or are generally ill, we encourage you to follow government guidance, avoid major college events, and let your flatmates know. Also get in touch with the Porters Lodge (porters@darwin.cam.ac.uk) and let them know if you require any support.

Getting Connected

WhatsUp Email Newsletter

Every week, the DCSA Communications Officer sends emails providing information on both Darwin and University-wide events. We use the newsletter to announce college and social events, as well as official announcements from the DCSA. All new students should be automatically added to the list, so look out for it in your Cambridge inbox two times a week during term, and more regularly over Freshers for event updates!

If you would like to let your fellow Darwinians know about something through the newsletter, or are having issues receiving it, please email the DCSA Communications Officer at dcsa_coms@darwin.cam.ac.uk.

DCSA Website

Another great source of information for students, new and old, is the DCSA website www.dcsa.darwin.cam.ac.uk. New students should check out the appropriately named “New Students” page. There is information about the members of the DCSA executive committee, DCSA governance, and Darwin Sports and Societies on the corresponding pages. The welfare page also contains a wealth of useful information on welfare-related resources here at Darwin and Cambridge.

Events Calendar

On the “Events” Page of the DCSA website is a google calendar: <https://www.dcsa.darwin.cam.ac.uk/events/>. This calendar includes a general “Darwin events” calendar, where all DCSA hosted events will be added, in addition to calendars for the many Sports and Societies we have, all visible in one place. We encourage you to subscribe to the main events calendar, and any of the sports and societies you are interested in!

Facebook Groups

We also run several groups which are only open to Darwin students. For general information or to ask questions to your fellow Darwinians, go to fb.com/groups/DarwinStudents/. For buying or selling, or for accommodation, check out the Darwin Marketplace at fb.com/groups/DarwinMarket/. In order to keep it just for us students, we require that you include your CRSid (the letters/ numbers at the beginning of your @cam email address) when requesting to join. For those living in Mount Pleasant Halls, there is a WhatsApp group to connect with your neighbours: <https://chat.whatsapp.com/ExS0xytUBP0HZTsMLoSwTI>

How would you like to hear from us?

Have an idea for how we can let you know about college news and events? Reach out to dcsa_coms@darwin.cam.ac.uk!

Darwin Kitchens

Darwin College's @Darwinkitchens is one of the cheapest, best loved, best sourced, and sustainably committed catering departments in the University. We have the Platinum Award from the Green Impact Awards and our chefs and front of house team have won many medals for their cooking and service achievements.

Lunch and dinner are available on weekdays and brunch on weekends. Drinks and confectionery are available during the day through the Café located in the Common Room (8.30am - 8.30pm). Menus are available on the college website and through Twitter, Facebook and Instagram (@darwinkitchens). At the servery simply choose your options, present your college card to the staff and the charge goes onto your monthly bill. You can keep track of your spending via Upay. You can bring guests who can pay by using their debit cards (because food is subsidised for Darwinians, a surcharge of 30% applies to non-members).

Lunch

12:00 noon – 2:00 pm (Mon – Fri)

Dinner

6:00 pm – 8:30 pm (Mon – Sun)

6pm – 7:00 pm (Wed/Fri for Formal Hall)

Brunch

10.00 am – 2:00 pm (Sat & Sun)

Menus are displayed on the website (<https://www.darwin.cam.ac.uk/dine-darwin>) with allergen information. Please let us know if you have any allergies when ordering or booking your food.

Formal Halls

Held on Wednesdays and Fridays, Formal Halls are three course dinners. You will need to be registered for UpayChilli (upay.co.uk/app) to book your meal tickets, wine and or soft drinks options. You can book a place for yourself and up to three guests on the college website and the charge goes on your monthly bill. Guidelines on how to register can be found on the college website (www.darwin.cam.ac.uk/formal-halls-information).

There is a dress code at all formal dinners defined without reference to gender identity or expression. At Formal Halls and Supervisors' Evenings this is a lounge suit/jacket with a tie or appropriate equivalent attire. College members, and guests who are members of the university, are encouraged to wear gowns. Persons wearing a shirt without a jacket and tie, or appearing in jeans, training shoes, beach footwear, and/or hats or caps, will be refused entry. If you are unsure of the requirements, please consult the Catering Manager, Ivan Higney, at catering.manager@darwin.cam.ac.uk before the event.

Welcome Dinners

As new members, you are invited to register for one of the Welcome Dinners the College provides in October. Bookings are made through Upay. Welcome Dinner's provide an opportunity to meet other new Darwinians, members of the DCSA, college staff, and your graduate tutor.

Private Dining

Darwin Members are allowed to book events at Darwin College through the Catering Department.

We can host birthday celebrations, weddings, garden parties, departmental dinners for you and your guests. Please get in contact with us for more details at events@darwin.cam.ac.uk.

Sustainability & Ethical Policy

We pride ourselves @Darwinkitchens in ensuring that the food you eat is well sourced and minimises negative environmental impact whilst providing a decent choice for all diners. Please see our web page for more details on our Sustainable & Ethical statement.

We have several coffee machines and water fountains located throughout the college. Please use a reusable vessel for these machines. Both Darwin Keepcups and Darwin water bottles are available to purchase for a subsidised price at the Servery or Cafe till.

Cooking in Accommodation

All college accommodation comes with access to a small kitchen with a hob, oven, microwave, toaster, kettle, and fridge/freezer space. The first island in the Darwin gardens is bookable for BBQs during summer through the bursary or college website (<https://forms.office.com/r/nkA1vLv4gB>)

Local Food Options

Whenever Darwin's dining hall is closed, other colleges such as Newnham, Queens', Pembroke, or St. Catharine's may be open to other students. Another popular, close-by option is the 60s-style University Centre ('Grad Pad'), however it is currently undergoing renovations. There are some restaurants right on your doorstep such as Millworks, Sala Thong and Rice Boat at the corner of Newnham road. Darwin's closest pubs are the Granta, the Anchor, and the Mill. For late night cravings, Tek's Grill is a kebab truck that parks near Lammas Land, open every night except Monday from 5pm - midnight. You'll also find more options in the city centre, like Gardenia, Trailer of Life, McDonald's, and City Kebab.

Food & Drink

Food Stores

The closest store selling basic groceries and alcohol is the Co-operative shop in Newnham village. It is open until 10pm every day. For larger stores, there is a Sainsbury's on Sidney Street across from Sidney Sussex College and a Marks & Spencer Food Hall on Market Square. The food stalls at Market Square are also an excellent place to shop for local produce and international meals, with some offering a student discount. For international food shops (and restaurants!), Mill Rd is the best place to go. For larger supermarkets further afield, there is a big Sainsbury's in Eddington, and a Tesco superstore, Asda, and Aldi just past the Grafton shopping centre. The nearest cash-point is at the Shell petrol station on Newnham Road, just south of Darwin, and another is at the local Marks & Spencers.

Food Delivery

Some of the larger grocery stores such as Sainsbury's and Asda offer a delivery service for groceries on their websites. You will need to register, select your items, choose a delivery slot for a fee and then be available for the selected time to collect your delivery at the entered address. Delivery takeaway meals can be ordered on various platforms including Deliveroo, Uber Eats and Just Eat. Some of these delivery services will also have a selected range of groceries through smaller stores with faster delivery times.

Government

Voter Registration

Any citizen of the UK or Ireland as well as most Commonwealth citizens resident in the UK can register to vote in UK Parliament elections. EU citizens living in the UK are also allowed to vote in certain elections. Visit www.gov.uk/register-to-vote to check your eligibility and register.

Local Government

Cambridge is governed locally by the Cambridge City Council. Darwin (and most College accommodation) is part of the Newnham Ward, which has three councillors. For any questions, email Cameron Holloway (cameron.holloway@cambridge.gov.uk). Newnham is also represented on the Cambridgeshire County Council by Lucy Nethsingha (lucynethsingha@icloud.com).

National Government

The current Member of Parliament (MP) for Cambridge is Daniel Zeichner of the Labour Party. You can contact his office by emailing daniel@danielzeichner.co.uk or by telephone at +44 20 7219 8462.



Meet the DCSA Executive Committee

President

dcsa_president@darwin.cam.ac.uk

Hi again! I'm a final year PhD student at the Computer Lab working on verifying & automating mathematical proof. Outside of the lab, you may find me playing the violin, cycling, baking, or enjoying a book by the river :) If you have any questions/ideas/ just want a chat - I'm always up for a tea break around Darwin!

The President is the representative of the DCSA to College and University, voicing student views to all College members. They coordinate and support the DCSA committee by chairing meetings and working closely with individual EC members. The President sits on the College Council as a student representative and attends fortnightly Cambridge Students' Union meetings.

Secretary

dcsa_secretary@darwin.cam.ac.uk

Hi! I'm a second year PhD student at the Computer Lab where I research statistical models of genomics.

The Secretary is the administrator of the committee and the Vice President (chair meetings and run the committee in the absence of the President). They run DCSA elections, take meeting minutes, and ensure that up-to-date records of the DCSA's affairs are maintained, including policy documents and the DCSA Constitution, Schedule, & Regulations.

Treasurer

dcsa_treasurer@darwin.cam.ac.uk

Hello there! I am studying for a PhD in Biochemistry, researching MYC dependent signalling in Pancreatic Ductal Adenocarcinoma. When not working on my PhD, I train with the University of Cambridge Ice Hockey Club Men's Blues and relax by enjoying DarBar's whisky collection. If you have any questions on DCSA finances or setting up a new Society, just drop me an email.

The Treasurer is responsible for managing the finances of the DCSA, including drafting the budget, publishing reports, and assessing the financial feasibility of projects. They are responsible for ensuring timely reimbursements and payments of invoices and for maintaining accurate financial records.

Chelsea Edmonds



Jacob Moss



Jonathan Parker



Meet the DCSA Executive Committee

Francesca Ridgeway Bishop Welfare Officers

dcsa_welfare@darwin.cam.ac.uk



Hi! I'm a first year PhD student in the department of Chemistry, studying enzymatic DNA synthesis. When I'm not in the lab, you can usually find me either swimming or spending time with friends. I'm always up to grab a tea or coffee together if you have anything you need to chat about!

Joe Cowan



Hey everyone! I'm Joe and I'm the Men's & Non-binary officer. I'm a second-year Linguistic student studying things we don't say, but imply. Usually, I am reading between the lines, but when not, I'm either in the sauna or drinking coffee on the patio. I'm looking forward to meeting you all!

The Welfare Officers are the student contact for students who are in need of help or advice. The two can advise you how to deal with any issues you face and who you should contact to get the help you need. Together, they organise welfare events throughout the year, such as Welfare Teas and Welfare Walks. Drop us an email or come find us around college, if you need anything or just want to have a chat!

Ceilidh Welsh



Women's Officer

dcsa_women@darwin.cam.ac.uk

Hi! I'm Ceilidh, a second-year PhD student in oncology using computational models to predict patient responses to radiotherapy cancer treatment. When I'm not staring at a computer, I enjoy kayaking or a sunny walk to Grantchester. Feel free to reach out for a chat or as a signpost for more support!

The Women's Officer represents and furthers the needs of students who identify as women/non-binary and promote issues of gender, inclusivity, and accessibility. The Women's Officer works with the welfare officers to ensure that students' bodily autonomy is respected relevant to their sexual and reproductive health, tackling sexual violence and harassment in education.

Meet the DCSA Executive Committee

Q+ Officer

dcsa_lgbtq@darwin.cam.ac.uk

Hi, I am Sarah and I am a PhD student at the Institute of Criminology, where I study Queer Intimate Partner Violence, specifically the role of morality within decision making. Outside of my studies, my favorite activity is playing video games and I am often found with a pint in hand at the pub.

The role of the Q+ Officer is to act as a representative for the interests of LGBTQ+ students at the college level, as well as to organise social events, mixers and workshops. Should any student have the slightest concern about their ability to express their gender or sexual identity in college, the Q+ Officer is always there to chat, advise and help out where possible.

Admiral of the Punts

dcsa_punts@darwin.cam.ac.uk

Hey! I'm a final year PhD student working on planetary evolution at the Institute of Astronomy. Outside of my research, I'm involved with a bunch of sport and some music around the College & University. Feel free to drop me a message!

The Admiral of the Punts is responsible for all the vessels the punt club owns, including the punts, kayaks, canoe, paddle boards, and associated equipment. They manage Punt Club membership, and administration, and they work with several trusted Captains to ensure the vessels are maintained and to organize social events throughout the year. Have a look at our website if you'd like to learn more about the Darwin Punt Club.

BAME Officer

dcsa_bame@darwin.cam.ac.uk

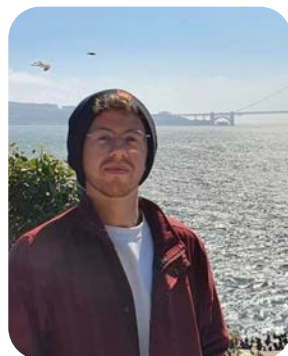
Hi there! I'm a first-year PhD student in the Department of Radiology focusing on prostate imaging and medical utilization, aiming at reducing the inequalities and barriers to accessing medical services. During my free time, I enjoy working out in the gym, swimming, and traveling.

The Black Asian Minority Ethnic Officer works with college to further the needs of 'Black, Indigenous, and People of Colour' (BIPOC) students. They aim to create a space that allows BIPOC students to reach their full potential, and better the everyday experience of life in Cambridge, as well as figure out ways to tackle structural racism and increasing access.

Sarah Carlo



Jonny Itcovitz



Kang-Lung Lee



Meet the DCSA Executive Committee

Tor Fjelde



Communications Officer dcsa_coms@darwin.cam.ac.uk

Hi! I'm a second year PhD student in the Engineering department in the Computational and Biological Learning (CBL) group. Outside of my studies, I put my old body on the line for the glory of Darwin College Football Club!

The Comms Officer is responsible for sending out the WhatsUp email blasts, maintaining the website, and otherwise attending to DCSA communication needs such as sitting on the college Information Services Committee. Please get in touch if you'd like to share something in WhatsUp or for any other communication-related needs.

Esme Southern



Entertainment Officers dcsa_ents@darwin.cam.ac.uk

Hi, I'm Esme, a PhD student investigating earthquakes associated with magma moving beneath the surface of Icelandic volcanoes. I enjoy sailing, climbing, music, and, of course, bopping in DarBar.

Hi! I'm Niamh one of your Ents officers and I'm in my third year of my PhD in Chemistry, investigating electrochemical carbon capture. I enjoy reading, socialising and (of course) planning BOPs! When I'm not in lab, you can find me having coffee in Darwin gardens or working behind the bar at Darbar - come say hi! I'll see you at the next BOP ;)

Niamh Hartley



The Ents Officers coordinate, organise, and promote the Darwin BOPs. They are responsible for the music, decorations, security, and finances. Darwin BOPs are known for their vibrant atmosphere and original themes and they have the most popular Cambridge bands performing. Think live music, themes, drinks, djs, raffles, good vibes and dancing until the early morning... The Ents Officers also work with the Events Officer to host other events throughout the year. Reach out to them if you have any ideas! One officer is elected in November, and the other is elected in June.

Meet the DCSA Executive Committee

EEA Officer

dcsa_green@darwin.cam.ac.uk

Hi, I'm in my third-year of a PhD in Physics studying lithium-ion batteries with optical fibres and chemical sensing. I'm passionate about community projects to promote engagement in our environment. I enjoy gardening, swimming in the river, and enjoying a coffee by the river- come and say hi!

The Environmental & Ethical Affairs Officer is responsible for the coordination of measures to address environmental and ethical issues, and organises events promoting awareness of these issues. Please get in touch and share an issue that you feel passionate about, so we can support you in sharing it with the Darwin community. They also oversee the Gardening Society.

Events Officer

dcsa_events@darwin.cam.ac.uk

Hi, I'm a first-year PhD student in Biophysics in the Department of Chemistry (counterintuitive, we know) working on Parkinson's Disease. I really believe that social life is as important as academic life (please don't tell my PI) and love meeting new people so if you haven't spoken to me yet please do so!

The Events Officer coordinates, organises, and promotes social and entertainment activities in college, such as special formal, BBQ's, live music nights in the gardens and other smaller events throughout the year.

External Officer

dcsa_external@darwin.cam.ac.uk

Hi all! My name is Naomi and I am a second year PhD making mathematical models about the (surprisingly sensational) social lives of microbes. In my free time, I like to dance, draw, and look at whatever creatures float in the Cam waters through my microscope (a neat pandemic hobby although it may ruin your hobby of swimming in the Cam). You can always approach me for any neat ideas for swaps!

The External Officer is responsible for organising formal swaps with other Colleges, and for hosting other Colleges when they visit Darwin for formal swaps. They also represent the DCSA at Cambridge Students' Union meetings.

Megan Groom



Magda Nowinska



Naomi Van Den Berg



Meet the DCSA Executive Committee

Chike Pilgrim



International Officer dcsa_international@darwin.cam.ac.uk

Hi, I'm Chike, a second year PhD in Archaeology hailing from the beautiful twin island republic of Trinidad and Tobago. I enjoy punting, playing football, hanging out at DarBar, and grabbing a trowel and scrambling to ancient sites all over the globe.

The International Officer is responsible for representing the needs of international students, providing welfare support and organising events for fellow Darwinians which highlight cultural diversity. They also serve as a chair on the international crisis committee wherein international students speak about pertinent world affairs.

Kamilė Stankevičiūtė



Sports and Societies Officers dcsa_sports@darwin.cam.ac.uk

Hi! My name is Kamilė and I'm finishing the first year of my PhD on machine learning for medicine. While I'm waiting for my models to train, you can find me at the gym, running, or dancing salsa ;)

Hi, I'm Sonia, a MPhil student at the Department of Surgery. My research interests centre around hip pathologies that affect young adults. Outside of academia, I love keeping active and competing both regionally and nationally in Rugby (Cambridge Blue 2022) and Pole Fitness. My combined interest in Orthopaedic surgery and sports has ultimately led to a growing fascination in young adult hip surgery, specifically athletes returning to play. I'm more than happy to discuss any ideas or suggestions on building on Darwin's already exciting community!

Sonia Ubong



The Sports and Societies Officers are responsible for maintaining the gym and for overseeing Darwin's sports and societies. They are also responsible for organising the Darwin-Wolfson Sports Day, a day of friendly competition against our sister college at Oxford, held every March. One officer is elected in November, and the other is elected in June.

Meet the DCSA Executive Committee

Families Officer

dcsa_bar@darwin.cam.ac.uk

Hi! I'm a recent Alumni, who studied a MPhil student in Critical Approaches to Children's Literature centering on the portrayal of dragons within YA fantasy. I have a small baby, a large dog, and a medium sized husband. Somewhat unsurprisingly, I really enjoy reading and a good 'family-size' (geddit?) bar of dairy milk. When time permits, I'm also a barre fitness addict. You will often see me dashing around college with my pram.

The Families Officer is responsible for representing and furthering the needs of students with families - those with partners and/or children of all ages. They work to involve students with families in college events and organise events aimed at these students.

Disabilities Officer

dcsa_disabilities@darwin.cam.ac.uk

Welcome! I'm Jenny, and I've been at Darwin since Jan 2021. I did my undergrad at Cambridge too, but spent a while in "the real world" before deciding to return. My PhD is in the Engineering Department, working to understand if net-zero emissions proposals are actually feasible. If I'm not there, I might be found at Jesus Lido, a Mill Road pub, or a park around Cambridge.

This is the first time we've had a Disabilities' Officer on the DCSA; the aim of the position is to support other DCSA officers and the college to improve accessibility for, and inclusivity of, students with any disability or long-term health condition. Please get in touch if you'd like a one-to-one chat, or just want to say hi!

Bar Committee Chair

dcsa_bar@darwin.cam.ac.uk

Hi, I'm a third-year PhD in bioelectronics working on developing flexible electrodes to implant into the brain for treatment of chronic diseases. I can usually be found at the bar drinking one of their great German beers. Outside of the bar, I'm actively involved in rowing and love grabbing a coffee!

Darbar is the college bar and is run and staffed by Darwin students. The Bar Chair presides over the Bar Committee and the bartenders, and makes sure everyone can enjoy the bar. If you have any questions or ideas for making Darbar even better please get in touch. The Bar Chair is elected by the Bar Committee rather than being elected by all students.

Tash Eisner



Jennifer Hawkin



Poppy Oldroyd



Meet the DCSA Executive Committee

Sarah Maziliauskas



College Council Reps dcsa_council_reps@darwin.cam.ac.uk

Hi! I am Sarah, a first year PhD student in molecular neuroscience. I spend my free time kayaking and eating Ramen!

I'm Daniel and a final-year PhD student at the Department of Medicine working on new therapeutics to treat lung cancer. I enjoy swimming and running and being involved in a few other societies in Cambridge, making sure you're having a great time here!

Daniel Kottmann



The College Council Reps are elected by the students to represent them in College Council meetings and other college committees. They also report the business of College Council to the DCSA, and provide feedback to college on student interests. One rep is elected in November, and the other is elected in May.

Join the DCSA Executive Committee (EC)

The DCSA elects half of its EC in Michaelmas and half in Easter term. If you are interested in joining the EC, there will be at least **ten positions** available this term: *BAME Officer, Disabilities Officer, Events Officer, Ents Officer, Families Officer, Sports & Societies Officer, International Officer, External Officer, College Council Rep, Q+ Officer, Mens Welfare Officer, and Womens' Officer.*

More information on how to apply for these positions will be circulated in October, with elections running in early November.

DCSA Meetings and Getting in touch!

EC meetings happen once a fortnight with agendas and meeting minutes publicly available via the DCSA website. The first meeting of every month includes an "Open Forum", where any Darwin member can attend and raise a discussion point by notifying the President in advance. General meetings happen once a term and all Darwin members are encouraged to attend! If you have a question about an event, or would just like a chat, you are welcome to get in touch anytime, or to come find us around college outside of study spaces :) Please keep in mind we are all students like yourselves, so we appreciate you keeping communication respectful and using our DCSA emails for DCSA related matters!

DCSA



Darwin College Students' Association

Who's Who at Darwin

In addition to nearly 800 students, Darwin has around 50 Professorial Fellows, 20 Research Fellows, Associate Members and Research Associates. There are also many non-academic staff members, such as Housekeeping, Maintenance and Catering. Here are some of the key faces you'll see around, and an introduction to the college structure.

Dr Mike Rands - Master



Prof. Fiona Karet & Prof. Sara Baker - Vice Masters



Mike is the Master of Darwin College and a Deputy Vice-Chancellor of the University of Cambridge. The Master is elected by the Fellows, and is the highest representative of the college where he chairs many committees. He represents the college in Cambridge and beyond, while also engaging with alumni all over the world. Our two Vice-Masters, also elected by the Fellows, are Profs. Fiona (Dept. of Medical Genetics) and Sara (Faculty of Education). They support the Master and also lead on a variety of internal matters including Diversity and Inclusion and staff and fellow induction.

Dr Duncan Needham - Dean



Duncan is the Dean and Senior Tutor of Darwin College, and the Director of the Centre for Financial History. The Dean is the College's senior academic officer with overall responsibility for Darwin students from admission, oversight of academic performance, welfare and pastoral support. He is supported by two Deputy Deans, Dr Matthew Jones and Dr Simone Weyand, and the College Tutors.

John Dix & Giles Greenfield - Bursars



John (Bursar) and Giles (Second Bursar) are responsible for the financial affairs and business administration of the College, day-to-day student support for matters around college facilities/finances, the maintenance, security, and operation of College buildings, grounds, and services, as well as the general supervision of College staff.

Who's Who at Darwin

College Council

The College Council is formed of the College senior officers (Master, Vice-Masters, Dean and Bursar), four elected fellows, the DCSA President, and two elected student members. Various sub-committees, on which there is student representation, report to Council, including Buildings and Grounds, Meals, Health and Safety, Education and Research, Estate Planning, Development, IT, Equality, Diversity and Inclusion (EDI). In this way, the DCSA can bring important student matters to a forum of college fellows, officials and student reps. College Council meetings are held twice per term, all members (including students) have full voting rights on any decisions, and reports from Council are made to the full college fellowship at Governing Body.

Fellows

Our Fellows range from senior academics to junior research fellows across many different fields. A full directory is online: www.darwin.cam.ac.uk/fellows/research.

Governing Body

The Governing Body is the ultimate authority in the college. It meets twice per term, and consists of the Master and Fellows. While there is no student representation in the Governing Body, we can raise matter through the individual committees and College Council.

Who else?

There are many other college officials and staff from catering and housekeeping to porters and maintenance who are essential to day to day life around Darwin. You can find an overview of College staff and contacts on the website (www.darwin.cam.ac.uk/college-directory) or with pictures in the hallway next to the Porter's Lodge, and will likely get to know many of them over your time at Darwin!

Have any questions about how college works behind the scenes? Get in touch with your college council reps!



Darwin Bar



Without doubt the best college bar in Cambridge, the student-run and operated DarBar offers a space every night to unwind after a busy day or to celebrate the end of the week. It offers a wide selection of drinks, catering for every taste, as well as a range of non-alcoholic beverages, and a pool table and foosball table you can use any time of day.

Keeping prices low is the priority for the DarBar team, and regular promotions operate throughout the year. Seccession Session runs every Monday and offers deals even when the UK parliament refuses to do so. Also popular are the regular themed whisky tastings, where DarBar invites an expert to guide us through the quagmire that is whisky. Also watch out for other tastings such as mezcal or wine, and special occasions such as Oktoberfest (complete with Oktoberfest beers, food and music!)

During Freshers' Fortnight the bar will be hosting special events, including a Gin Night, International Beer Night and more!

The bar relies on the student body to open every night. If you would like to be part of helping run one of the best parts of Darwin College student life, please email our efficient Bar Secretary, Jordan Lee (jjl71@cam.ac.uk).

If you have any questions about the bar, please email the Bar Chair, Poppy Oldroyd (pjo38@cam.ac.uk). Make sure you stay in the loop with the latest updates by following us on [fb.com/darwincollegebar](https://www.facebook.com/darwincollegebar) and [ig:darwincollegebar](https://www.instagram.com/darwincollegebar), and check out our website: <https://bar.dar.cam.ac.uk/?info>

Darwin Bar

Additional DarBar Information

DarBar operates a number of policies which are important for making it a comfortable and welcoming space for everyone:

- Glasses are not to be taken from the bar area (including the Common Room). You are provided with plastic glasses to drink in the garden, please pick up your litter.
- DarBar runs as a members club for Darwin College students, but College member can bring three guests, who you need to sign-in at the bar. So you can share the bar with your friends beyond the Darwin community.
- Bar work is paid, and the bar is always looking for staff!
- The bar has a zero-tolerance policy towards harassment of any kind. If you feel uncomfortable at any point, speak to the bar staff or porters. You are entirely responsible for anyone you sign-in.
- Darbar is open every evening, 9-12pm



Pictured below: Barcomm



Environmental Sustainability

The DCSA acknowledges the impact of its activities on the environment, is committed to developing environmental best practices, and encourages students to integrate these into their day to day lives, both in college and thereafter.

Darwin was awarded Platinum in the 2021/22 Green Impact awards, a University-wide environmental accreditation scheme. Get in touch with your Environmental and Ethical Affairs (EEA) Officer if you have a project in mind or would like to volunteer to make Darwin greener! You can read an overview of last year's actions in the Darwinian: <https://darwin-college-cambridge.shorthandstories.com/sustainability-and-biodiversity/index.html>

Get Involved

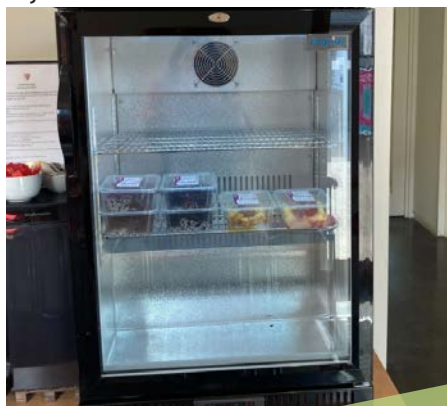
The University's own Environmental Sustainability, Vision, and Strategy can be found here: www.environment.admin.cam.ac.uk/policy, and if you want to get involved with student campaigns in the wider university you can get involved in the Cambridge University Student Union's Ethical Affairs campaign: www.cambridgesu.co.uk/organisation/6076.

At Darwin, you can join many societies including vegetable gardening, bee keeping, or the Green Hub. The Green Hub aims to empower and connect Darwinians interested in environmental and ethical issues. We are also looking for volunteers to support our Green Impact

Award campaign, Project Second Life, DarWild and our Darwin Community Fridge project, get in touch with the EEA officer! (dcsa_green@darwin.cam.ac.uk).

Food & Drink

Darwin Kitchens use well-sourced ingredients minimising environmental impact, including plantbased, low-carbon or fairtrade options. We launched the Darwin Community Fridge during Green Week 2021, where leftover food from the servery is free to Darwin Students (found in study centre foyer). Free drinking water stations are also located throughout college. Seasonal vegetables, fruits and herbs are also available from the student garden. The historic market square in the city centre is a great spot for plastic-free fruit and vegetables and local farm produce. More info here: cambridge.gov.uk/markets. Local shops stocking ethical and zero waste items include Full Circle and Arjuna Wholefoods.



Environmental Sustainability

Reuse & Rehome

Darwin College offers subsidised Keepcups and BlueTap water bottles to members of Darwin College. We use Reuse2Go takeaway boxes rather than single-use ones, ask a member of staff about how the scheme works.

One way to avoid supporting unnecessary product production (and to grab yourself a bargain) is by supporting the fantastic charity shops in Cambridge. Looking to buy or sell second-hand items even closer to home? Look no further than the “Darwin College Marketplace” Facebook group at fb.com/groups/DarwinMarket. There will be a Project Second Life Trash to Treasure sale: Darwinians have donated household items that they no longer wanted or could not take with them when leaving during summer 2022, and these items are now looking for a new home at Darwin. Items include home furnishings, blankets, art supplies and kitchen utensils- don't miss out!



Recycle

Darwin recycles traditional clean and dry mixed materials and organic waste in student kitchens, as well as hosting several large bins under the dining hall for recycling old batteries and donating clothes and household items (via the British Heart Foundation's Pack for Good Campaign). Visit recyclenow.com for more information on what can be recycled in Cambridge, and where to recycle items that aren't taken in standard collections such as makeup containers. Making sure your recycling is not contaminated with food, liquids or non-recyclable items has a significant impact on the success of recycling.

All of Darwin Kitchens' disposable packaging (Vegware) can be put in the compostable packaging waste bins. Darwin also has an organic waste bin scheme for all student kitchens, where food scraps can be placed. Please note that there are separate bins for food waste and compostable packaging. Extra caddy liners can be requested from the porters. Feel free to ask your EEA



Environmental Sustainability

Officer if you have any questions about recycling or composting at Darwin!

Transport

Cycling is both the most practical and environmentally-friendly way to get around in Cambridge, and Darwin offers several facilities for cyclists. Secure bicycle racks are available at off-site student accommodation and on the main college site. There is a bike repair station available for use behind 1 Newnham Terrace, and the Darwin College Cycling Society has a tool box available for use. The Porters also have pumps for flat tyres.

More information on transport in Cambridge (including the subsidised £1 'Universal' bus) can be found here: www.environment.admin.cam.ac.uk/travel.

Country-wide coach information (including airport transfers) can be found here: www.nationalexpress.com.



Energy

The College spends £180,000 on energy every year for the main site and student accommodation with an equivalent carbon footprint of around 400 tonnes of carbon emissions per year. We can all contribute to meeting this target through simple steps such as switching off lights and **turning down radiators upon leaving our rooms**, and by unplugging electrical equipment when it is not in use.



Environmental Sustainability

Biodiversity & Green Spaces

We are very lucky to have beautiful and accessible gardens for all Darwin members to enjoy. The gardens are densely packed with a variety of interesting plants, with the colours and smells evolving each week. The gardens are looked after by our Head Gardener, Rhod, and Garden Fellow, Torsten- don't miss the Garden Fellow's Tour for the hidden treasures of Darwin. The garden is often visited by kingfishers, herons, water voles and bats; the second island is also home to our Darwin honey bees!

The last of the Newnham Terrace gardens is home to the Student Garden, previous years have enjoyed gooseberries, sunflowers, nasturtiums, rhubarb, beans and courgettes. Volunteers are always needed, so please get in touch!

There are also lots of nature reserves in the surrounding area. Sheep's Green, Coe Fen and Paradise LNR are just a short walk away from Darwin. The full list of Council-run Local Nature Reserves can be found here: lnr.cambridge.gov.uk/visit-the-cambridge-nature-reserves/.

The Wildlife Trust also has a few reserves within cycling distance such as the Cherry Hinton Chalk Pits or Fulbourn Fen.

Another beautiful outdoor space for you to enjoy is the Cambridge University Botanic Garden. Located halfway between Darwin and the Train Station, the Botanic Gardens offer a variety of different gardens and an impressive greenhouse. As a student you get FREE ENTRY - just take your student card!



Sports and Societies

The DCSA have a whole host of different Sports and Societies for you to enjoy. Each one is run by fellow students, and we provide funding for respective activities. In this section, they all introduce themselves! A summary of the many facebook/whatsapp groups and further details on each society can be found on our website: <https://www.dcsa.darwin.cam.ac.uk/sports-societies/> Come along to the Sports and Societies fair in Freshers week to sign up, or get in touch with the society contacts to join!

Animal Plant Environment Society

The Animal, Plant and Environment Society (APES) is an informal, fun and inclusive group who enjoy spending time outside in the natural environment. The troop leaders will plan activities to interact with nature in the local area, including tours of local nature reserves, birdwatching, kayak outings, volunteering and day trips. Bananas will be provided.

Contact: Sarah (sm2651), Blanca (bp451)



Badminton

Our club welcomes players of all standards, from complete beginners to experienced. No commitment, no membership fees, and courts are paid for by Darwin. We also provide rackets and shuttlecocks. All we want is for you to enjoy badminton.

For the competitive ones amongst you, we have a college team that competes in the intercollegiate league, so stay tuned for trials throughout the year!



We usually play on Thursdays (6.30-8.15PM) and Sundays (3-5PM) at the Leys Leisure Sports Complex. There may be occasional changes to our sessions so please check your emails and join our Facebook group for updates

Facebook: www.facebook.com/groups/dcbadmintonclub

WhatsApp: <https://chat.whatsapp.com/E8NebuC7J36Klk4Pvg3jPP>

Contact: Kaizhong (kx232)

Sports & Societies

Basketball

The Darwin Women's Basketball Club is the college's most successful sports team having won the college league most years since its formation in May 2000. As well as the college league, the team competes in, and usually wins, the university-wide knock out 'Cuppers'



tournament in Lent term. We are fortunate enough to have a dedicated basketball coach who runs our training from early October so we are ready for competitive matches throughout the year. Over the summer we practice with friendly games every week, often joined by members of the university 1st and 2nd teams! For more information get in touch:

Contact: Laura (lp563)

Facebook: [fb.com/groups/darwinbb](https://www.facebook.com/groups/darwinbb)
[com/about](https://www.facebook.com/about)

Beekeeping

Having BEEN lured in by the sweet idea of collecting our very own honey, the Darwin College Beekeeping Association started our very own DarHives in the Darwin Garden. We learn about and discuss all aspects of beekeeping, but promise not to drone on about it, and welcome new members at any experience level as long as you have a high threshold for bee puns. So, if you are an eco-warrior keen to join the fight against our declining pollinators or just looking for an exciting new hobby, email or join us on a hive visit to find out what all the buzz is about!

Contact: Michael (ms2556) & Amelia (au225)

Boat Club

Darwin College Boat Club (DCBC) is the largest society in Darwin, dedicated to all things rowing! We are one of the most successful graduate boat clubs in Cambridge - just check out the blades in the bar for our previous accomplishments! We are, above all, a friendly, social, and welcoming family.



Sports & Societies

Rowing is a Cambridge tradition, and it is almost impossible to avoid at least one conversation about it during your time here. At DCBC, we believe that everyone should have a go, and encourage anyone to come try out, at least so you can decipher the jargon of the sport! We train year-round



(winter and summer) and participate in numerous races both in Cambridge and outside of Cambridge. The main events in our calendar include Lent (in March) and May (in June - don't ask) Bumps. May Bumps is one of the highest-profile events in the Cambridge calendar, with thousands of people lining the banks over 4 afternoons to watch boats speed down the Cam, attempting to physically crash into one another (a Bump), while avoiding being hit by the crew behind (getting bumped). If you're not in a boat, you can get the second most enjoyment out of the days by sitting on the banks with your refreshments of choice, and cheering Darwin to victory! We are fortunate enough to enter multiple boats into each Bumps race, so join up

to experience the carnage first-hand! We welcome all levels of rowing - from those who don't know what a boat looks like or have never used a rowing machine (erg), to future Olympic hopefuls, and anything in between. We hold taster sessions for both rowers and coxes (person in the front of the boat making the rowing calls and steering the boat). Whichever you feel suits you, you'll get full coaching and training by our senior club members and experienced coaches.



Try a few water sessions (outings) at the beginning of Michaelmas, and with the other novice rowers, you'll slowly become unstoppable forces of nature, ready to slay the competition out on the river. There are plenty of opportunities for novices to take part in racing in Michaelmas term where you will have the chance to dress-up and race against other colleges. Novice races are fun and light-hearted, culminating the term with the not-to-be-missed Boat Club Dinner, a chance to regale the Club with your war stories from the term, and just blow off some steam.

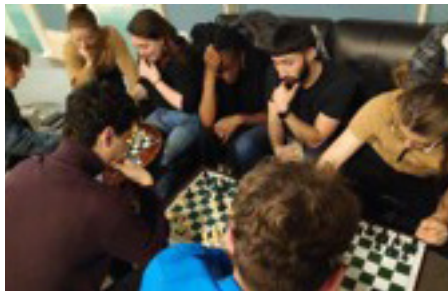
Sports & Societies

Rowing is teamwork at its peak. From our strong tan lines in the summer, our matching kit (free speed), the laughs, the sweat, and the shared exquisite pain, you will come away with some of the closest Darwin friendships and bonds that will be everlasting. Come and chat to us to find out more at the Fresher's Sports and Societies Fair, and even get started and have a go on the erg!

Contact: Both Captains: darwin.captain@cucbc.org, Poppy: darwin.women@cucbc.org, Jose: darwin.men@cucbc.org, or connect on Facebook: [fb.comDarwinCollegeBoatClub](https://fb.com/DarwinCollegeBoatClub)

College Choir

In 2021, the College has relaunched the college choir, meeting regularly each Tuesday at 1800 in the Bradfield Room. Our new director, Francis Knights, has put together a wonderful programme of very accessible English Church Music spanning 900 years and including pieces by Tallis, Purcell and Charles Wood, and we would love more singers to join us!



The choir is run by the college and not through the DCSA.

The choir is open to individuals of all abilities and from throughout the Cambridge community and the music is VERY accessible. You don't have to be a Darwin member, so spouses, significant others, partners, and friends are all welcome. Our rehearsals are fun, rewarding, and take place in a very friendly, welcoming environment. Do come along to de-stress from the pressures of work and help support our emerging musical community.

Contact: Francis Knights (fk240)

Chess Club

A society for all those interested in chess at Darwin College. We have weekly chess sessions, chess theory discussion groups and other events throughout the year.

Contact: Sumit (skb61)

Facebook: <https://www.facebook.com/groups/633268437670231/>

WhatsApp: <https://chat.whatsapp.com/G49qgKaDxVGDxBfls40Pen>

Climbing

We are a group of climbers that simply just want to go climbing. Since there aren't many rocks around we usually meet for an indoor bouldering session at one of the two gyms in town - Rainbow Rocket (RR) or Kelsey Kerridge (KK).

Sports & Societies

We also make the occasional outdoor trip further north or abroad when the weather/season permits. We organise everything over Whatsapp or over a pint at DarBar or check out what we are up to on Facebook "Darwin College Climbing Club". We have bouldering mats, a trad rack, lots of quickdraws, a few spare harnesses, ropes, and belay devices which you can borrow for trips (indoor or outdoor).

Contact: Gavin (grs50) & Barney (bs640)

Facebook: <https://www.facebook.com/groups/163055867151943/>



Cuban Salsa

Hello Darwinians!

We are the Cuban Salsa Society and we meet once per week to practice, socialise, meet new people and have fun! Our class is adapted to suit all levels – from complete beginners to advanced dancers, so don't hesitate to join us, even if you have never tried dancing before! We promise to make you fall in love with Cuban Salsa! Fee: Darwinians £1, Non-Darwinians: £3.

Contact: Aristi (ad971).

Facebook: [facebook.com/groups/866672656814002](https://www.facebook.com/groups/866672656814002)

Instagram: darwin_cuban_salsa

Lots of love, Your Darwin Cuban Salsa Society



Cycling Club

We are the DCCC; an inclusive and Darwin (and Friends) cycling community!!! We run a bunch of different activities from group rides to cycle socials! As part of the DCCC, you'll have the opportunity to:

1. explore Cambridgeshire together in a social and safe environment (regular within-week rides and joint weekend trips)
2. compete within (fun competitions, leaderboards etc.) and outside of Darwin College (e.g., with other colleges)
3. learn how to ride safely and to make sure your bike is properly maintained (e.g., bike maintenance workshops, routes, general training advice etc.)

Sports & Societies

4. get together with fellow cyclists for a coffee or drink and enjoy being part of a community of like minded people!

Contact: Jana (jls202) & James (jik30)

Facebook: <https://www.facebook.com/groups/459033982106186/>

Dipping Club

Fancy some hummus? Do you have peculiar swimming habits? Are you obsessed with barnacles? Then the Darwin College Dipping Club (DCDC) is the cult for you.



Come and be enthralled by your freed water animal spirit plunging in the delicious Cam, all the while stimulating your palate with exotic hors d'oeuvre. Foster the art of gourmet bathing, and dive into arcane wet truths that lie deep into every human being. Know your spirit, to exalt the species and metaphysically comprehend the inexorable fate of our existence. We foster a sense of community and camaraderie amongst dippers, with our values centered around dirty water and baba ganoush. We also have a brand new first aid kit. Cool.

You can find out more by joining our Facebook group "Darwin College Dipping Club" for irregular updates.

Contact: Iván (is504) or Alasdair (at929).

Facebook: <https://www.facebook.com/groups/569878333983057/>

Drink and Draw

Drink and Draw is a casual arts and crafts society. We host a regular meetup in DarBar on Wednesday nights to doodle and gossip together, but we also organise occasional daytime workshops. Everyone is welcome irrespective of artistic talent. The point is to enjoy the process and do something with our hands after stressful days at labs/libraries/behind monitors. Each week we pick a new theme or style to try, such as still life, mask painting, clay sculpting, marbling and many more. Follow our Facebook page for updates

Contact: Melanie (mjw218) & James (jjdl3)

Facebook: <https://www.facebook.com/groups/640366466105667>



Sports & Societies

Entrepreneurs Club

The Darwin Entrepreneurs Club is Darwin's inaugural gathering point for current and aspiring entrepreneurs of all types. We strive to be a facilitator for sharing ideas, exchanging knowledge on how start-ups form and evolve through stages of development/funding. Since our launch earlier this year, we have attracted high interest within the Darwin community. We have organised virtual monthly speaker events with active participation from current members and alumni.



Going forward we plan to continue our speaker series, establish mentoring programs, organise thought sharing matching, participate/run competitions and be a conduit for the broader Cambridge community of entrepreneurship clubs/societies within other colleges and departments. We will also be seeking active members to help structure and direct the club as it continues to grow. Please join or register your interest regardless of your entrepreneurship background as all ideas are welcomed here!

Contact: James (jik30)

Facebook: <https://www.facebook.com/DarwinEntrepreneurs>

Football (Mens)

Welcome to Darwin College Men's FC, your new home of football! The college has one men's team, playing in the Cambridge University JCR league, and we also enter into one of the world's oldest cup competitions. After two Covid disrupted seasons, the team won promotion last year to secure a coveted place on the DarBar wall. We welcome everyone regardless of playing ability; whether you are a seasoned veteran, an occasional player looking to rekindle your career, or a total rookie, Darwin College FC is the place for you! Sign up at the freshers' fair or get in touch via Facebook or email, and be on the lookout for details of training, matches and most importantly, socials, starting in October.

Contact: Christopher (cab237) & Ian (ias49)

WhatsApp: <https://chat.whatsapp.com/EUN9UM4sIFsAAhKLINyZtu>



Sports & Societies

Football (Womens)

Whether you've never seen a football before, haven't put on boots since you were a child, or you turned down a semi-professional career to come to Cambridge, Darwin-Wolfson women's football would love to have you on our team!

As Darwin bands together with Wolfson, a mature students' college, to make a team, you'll meet some excellent people from outside Darwin. We train twice a week, play games once a week, and organise socials whenever we can! We play against other colleges both in a league and in an intra-mural cup competition. The environment is VERY relaxed, and almost weirdly supportive and welcoming; we like to win (and often do), but the priority is always that everyone has fun.

So, if you fancy playing some football and running around in a park with this loveable rag-tag group, please come and find us at the Freshers' Fair so we can invite you to our freshers' taster events

Contact: Lin (bcj25)

WhatsApp: <https://chat.whatsapp.com/HTERWZPe9WZLp804XQnGf1>

Facebook: <https://www.facebook.com/groups/522584154952664>

Gardening Society

Darwin college members, usually meeting every Sunday at 4pm. Whether you're a seasoned gardener or a complete beginner, you're welcome to join us in cultivating flowers, vegetables, herbs, and fruit! But DarGar is not just about growing - it's about eating too! In the summer months, you'll be able to pick your favourites or try new fruit / veg. In October we collect the apples and pears from the Darwin trees to make juices and chutneys. Over the winter we still meet up, often to make delicious dishes from food bought at the local farmers' market. If you're interested in getting involved then head along to our WhatsApp Group: <https://chat.whatsapp.com/FKqjbZAXCDhDDvANYe2GL>



Green Hub

Got an environmental or ethical issue close to your heart? Want to make college and the University a more sustainable place? Or just want some buddies to go protesting with? If so, the Green Hub might be right for you!

Sports & Societies

The Green Hub supports the DCSA's Environmental and Ethical Affairs Officer in their mission to build a more ethical, environmentally friendly, and sustainable college community, and allows you to get involved in a wide variety of sustainability work and outreach activities. The hub aims to connect and empower Darwinians to make change at a range of levels, whether that's personal, collegiate, university or wider! Interested? Then get in touch with the Environmental and Ethical Affairs Officer at dcsa_green@darwin.cam.ac.uk and see if the Green Hub is right for you!

WhatsApp: <https://chat.whatsapp.com/DBRQLm06B0mJ3ZqJ3Ks91d>

LGBTQ+

Darwin's LGBTQ+ community has regular meet-ups where we do an assortment of activities like arts & crafts, book clubs but most often just a simple chat with your friends with drinks and snacks provided. The 'Darwin community only' events are intercalated with social swaps with communities from nearby colleges (bar nights, BBQs). February is LGBTQ+ history month, with plenty of talks and events (like formal halls, bar crawls and club nights) organised by the Cambridge University Students' Union (join their mailing list on <https://lists.cam.ac.uk/mailman/listinfo/cusu-lgbt-listings>) or the communities from various colleges.

For more information, get in touch with the DCSA's LGBTQ+ Officer, Sarah, at dcsa_lgbtq@darwin.cam.ac.uk or ask Sarah to add you to the private WhatsApp group to hear about upcoming events.

Music

The Darwin College Music Society (DCMS) is here to help make your college life musical. We host events throughout the year and provide facilities and support for music making and performance. Every Wednesday we usually host casual Jam Sessions in the Bradfield room. We also host Open Mics in College throughout the year to give you a chance to share your talent in front of a crowd of friendly faces.



To help you make music we can also give you access to the treasure trove that is the Darwin College Music Stash. We have a drum kit, PA system, amps, music stands - all sorts of goodies that we want you to make use of, and if something's not there, we have money to buy stuff too! The college has space for you to rehearse, including various pianos

Sports & Societies

dotted around the college. We should have a new dedicated practice room up and running by the time you read this!

Want to get involved or interested in knowing about music related activities around college/Cambridge? Sign up for our newsletter via the QR Code below!



Contact: Hugh (hor20) & Hannah (hkw45)

Facebook: <https://www.facebook.com/groups/180145377845>

Positive Investment Society

Darwin College Positive Investment Society will aim to encourage that Darwin college to invest in a responsible and transparent manner for a positive social and environmental impact. This society works alongside Positive Investment Cambridge which deals with sustainable investment around Cambridge University colleges. The Darwin society will aim to educate and inform the student body of Darwin college about positive investment, hold discussions with college members and experts and engage the college for change. Contact us to get added to the WhatsApp group

Contact: Ratul (rd608)

Punt Club

Punting has a long tradition in Cambridge and is one of the highlights of what Darwin has to offer. As a member of the Punt Club, you have unlimited access to all of the club's punts, kayaks, paddle boards and the canoe for a year at roughly the price of a single trip with one of the commercial punting companies.

In addition to being able to take your friends and family out when they visit, membership also gives you the opportunity to sign up to special events such as the annual Punt Race, the



outings to the Trinity and St John's May Ball fireworks at night, and to see the King's choir's singing on the river. We will also chauffeur you to some fancy formals, teach you about bats that live in the area around Grantchester or just have an enjoyable time in summer on a trip to the Grantchester orchard. If you are interested, please have a look at www.dcsa.darwin.cam.ac.uk/punts.

Contact: Jonny (dcsa_punts@darwin.cam.ac.uk)

Sports & Societies

Rugby

Calling current and former rugby players, rugby enthusiasts and curious sportspeople! The mature and graduate college rugby team (the All Greys) is recruiting for next season. Whether you are new to the game or have been playing for years, there is no better time to pick up a pair of rugby boots than now! With regular games, socials throughout the year and a strong rugby tradition in the uni, do your Cambridge year right and chase an egg shaped ball with us. (No membership fee required)

Contact: Stefan (ssn34)

Running Club

Darwin College Running Club (DCRC) is looking for a new President to restart in 2022. It is the perfect club to join whether you are training for a race, or you just want to go for occasional runs. Runs are arranged when there is interest and can vary in length and pace depending on who turns up.

Contact: Dafydd (dr484)

Squash Club

Squash club is back just like it's seasonal counterpart! The aim for this club is to provide a relaxed, community environment for squash players to practice/learn and play friendly matches. Everyone is welcome and encouraged, whether you could beat Ali Farag or you've never held a racket before. We

will be running taster sessions so you can give it a try! Get in touch to be added to the WhatsApp group.

Contact: Raina (raina.jia@mrc-epid.cam.ac.uk)

Swimming Club

Now in our third year, the Darwin College Swimming Club — also known as the DarFins — brings together all Darwinians who like to swim! We organise regular group sessions at Parkside Pool and also support you if you prefer swimming on your own, as well as provide some basic equipment (kickboards, pull buoys) and swim sets for you to follow. All levels are welcome, as long as you can swim from one end of the pool to the other.

WhatsApp: <https://chat.whatsapp.com/EngHsuY0ALOAF5wvcx5d8D>

Contact: Amelia (au255)

Table Tennis

We are Darwin's small, casual table tennis club. Last year, we played Tuesdays and Thursdays from 7:30 pm in the common room. We are lucky to have two high-quality tables and equipment. Unfortunately, Ratul and I will be busy with our PhDs next year. We'd love the club to continue running and one of us will be around for knowledge transfer and general assistance. It would be great to find someone (at the Fresher's Fair?) who wants to run table tennis next year.

Contact: Robin (rk655) & Ratul (rd608)

Sports & Societies

Tennis

Darwin College Tennis Club welcomes both complete beginners and advanced players! We play once a week (indoors!) at the nearby Hills Road Tennis Centre. Come along for a friendly hit, to meet some other Darwin members and dust off the cobwebs if you haven't played in a few years. If you are more advanced - we also compete against other colleges in the College league and Cuppers. Find us at the Darwin Freshers Societies Fair for more information, we look forward to meeting you!

Contact: Mia (mk2071)

Facebook: <https://www.facebook.com/groups/121654431352411>

Volleyball

A club for playing volleyball in a friendly environment. The club was formed in the 2021/22 academic year and placed 3rd in the intercollegiate competition out of 16 teams!

Contact: Carolina (ca521) & Moritz (lmb215)

Facebook: <https://www.facebook.com/groups/397739205419780/>

Wine & Cheese Society

Care to know your Camembert from your Castigliano? Your Burgundy from your Beaujolais? Fancy yourself as an Oenologist, a Sommelier or cheese fancier? The DCW&CS is here to introduce

your taste buds to a world of winery and creamery delights. There will be tasting events throughout the year.

Contact: Patrick (pwh33), Audrey (alkp2)

Facebook: <https://www.facebook.com/groups/dccws/>

Yoga

Darwin does Yoga!

We offer Iyengar yoga classes twice a week with one of Cambridge's most sought-after teachers, Shaili Shafai. All levels are welcome! We run classes twice a week during the whole year: Online on Wednesdays 6-7:15pm and in-person Saturdays 2:00-3:15pm in the Bradfield room. You can join our online classes by subscribing to our "Darwin College Yoga" mailing list to receive the class access details, and just turn up for the in person ones!

We offer all the equipment needed, so if you would like to access some of it to join our online yoga classes, get in touch. We also offer more advanced workshops



Sports & Societies

and social events once a term!

Contact: Alex (darwincollegesyogaclub@gmail.com)

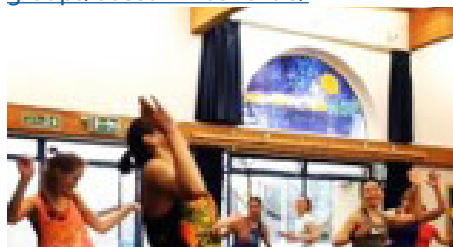
Facebook: <https://www.facebook.com/groups/darwincollegesyoga/>

Zumba

We run one Zumba class per week at Darwin, rotating every other week between traditional Zumba and STRONG. The former is a fitness program that combines Latin and international music with dance moves. Zumba routines incorporate interval training and resistance training. STRONG classes combine a killer bodyweight bootcamp workout with party vibes and pumped-up music. It is a High Intensity Interval Training class using more traditional fitness moves for a more athletic workout. You use your own body weight as resistance to achieve muscle definition. The songs match the moves, driving the intensity in a challenging progression providing a total body workout.

Contact: Ilkem (is487)

Facebook: <https://www.facebook.com/groups/668594220570298/>



Get Involved

If there's a sport/society not listed here, not to worry - you can start it! To establish a new sport/society you need to have a President and a Treasurer, and 15 Darwin students need to sign up. Then, you can apply for funding from the DCSA Treasurer.

There are many societies we've had at Darwin before (and therefore likely already have equipment for!) whose leaders have since left. If you're interested in restarting one of these clubs or starting a completely new one, come to the Sports & Societies Fair to pick up the necessary paperwork or email Jonathan (dcsa_treasurer@darwin.cam.ac.uk) and Kamilé and Sonia (dcsa_sports@darwin.cam.ac.uk)

Past societies include: *Aerial Arts, Lawn Games, Board Games, Film Club, Mind Matters, Open Club for Debate, Science Society, Cricket Club, Mens Basketball, Minecraft, Photography, Pool, Spikeball, Ultimate Frisbee, Waterpolo (and many more!*

Alumni Relations & The Darwin College Society



When you join Darwin as a student, you are not just becoming a member of the College for the time you are present in Cambridge. You remain a member of Darwin College for life, and when you complete your studies here, you join a community of around 9,000 alumni spread around most countries in the world.

The Alumni & Development Office in College keeps alumni in touch with the College, organises events, and runs communications channels (website, social media, and our publication, the Darwinian) – as well as fundraising for philanthropic support for the College. We hold events for Darwin alumni in College, elsewhere in the UK, and internationally (in recent years including New York, Toronto, San Francisco, Washington DC, Düsseldorf, Beijing, Hong Kong, Shanghai, Singapore, Kuala Lumpur and Tokyo). Since 2020, we are now making ever-increasing use of Zoom to bring alumni together virtually as well. We are also responsible for fundraising to support the College; particularly raising substantial amounts of money for scholarships and studentships.

The Darwin College Society (the official association of Darwin alumni) works closely with the Alumni & Development Office, and organises social events around Cambridge – often with a local heritage theme. One event held in the spring of each year is the Career Network event, which enables current students to connect with alumni, and find out about their careers and career paths.

For further information on alumni relations and development, and to update your contact details, contact alumni@darwin.cam.ac.uk, or call into the Alumni & Development Office (Ground floor of 1 Newnham Terrace)



Events



BOP ON at Darwin!

A "BOP" is a Big Organised Party which is organised by the DCSA's Entertainments Officers. As the name suggests, it's a BIG PARTY which usually involves live bands, DJs, and generally great and memorable times. Sometimes we'll even have extra entertainment like ceilidhs and karaoke. Highlights of the BOP calendar include:

- The Fresher's BOP, where we welcome all of the new Darwinians at the start of the year.
- The themed BOPs, such as Halloween, where everyone is encouraged to costume up and enjoy some traditional activities such as carving a pumpkin.
- The May Ball launch BOP, where we reveal the May Ball theme for the year. This is considered to be the biggest BOP of the year, involves lots of decorations, a wide range of drinks and a ton of great music entertainment.

There are a limited number of tickets available and each college member can only bring a restricted number of guests.

Formal Swaps

Do you fancy going for a nice formal dinner in another College in Cambridge? Have you ever wondered what the inside of King's, Trinity or St John's dining hall looks like and how their food compares to Darwin? Then stay on the lookout for Formal Swap sign-ups!

Organised by the DCSA's External Officer and advertised via the DCSA's WhatsUp newsletter, these are Formal Halls at other Colleges which your students' association managed to get a limited number of tickets to.

The dress code is normally similar to Darwin College's (see page 6 of this booklet) but will depend on the college you are visiting. Sometimes these formals will also have a special theme.



Events



Darwin x Wolfson (Oxford) Sports & Societies Day

Every year we have a fun and friendly swap with our sister college Wolfson College, Oxford. The day is filled with sports, sightseeing and social events and ends with a formal dinner and a special BOP. After a long hiatus since 2020, we are hoping to bring this event back in the first half of 2023.

Lunchtime Seminars

All members of Darwin are encouraged to present their research at informal seminars held on Tuesdays (Humanities) and Thursdays (Natural Sciences). Everyone is welcome, whatever your degree or discipline. Normally, lunch can be picked up from 12:00 and taken to the Richard King Room (on the left at the top of the stairs leading to the dining hall) or 1 Newnham Terrace (straight through at the far end of the dining hall). Wine is served. Non-Darwin members are welcome to attend, although lunch is only available to guests of members.

The talk usually begins at 13:10 and lasts for about 20 minutes. It is followed by a discussion over coffee. The seminar finishes around 14:00 at the latest.

Charity & Awareness Events

Over the last few years, we have been hosting a number of events to raise awareness for causes the Darwin community is passionate about. These events bring together all members of the college: staff, fellows, and students, and have also been able to raise money for various charities thanks to the generosity of the Darwin community. A few highlights of last year's calendar included Pink Week and Green Week, in line with university wide initiatives!

2022 was the first year we had a college-wide Pink Week in Lent term to raise awareness and funds for breast cancer charities. There were an exciting range of events, from a pink week formal, to DarBar pink nights, and "pink-ified" society events throughout the week.

Green week has now become a permanent feature of the college calendar after a successful launch in 2021. Last years events included sustainable beers at Darbar, a locally sourced menu in Darwin Kitchens, a Hedgehog themed formal, a clothes swap, and much more!

Green Week and Pink week are collectively organised by the Darwin community so if you have an idea for an event - you can make it happen!

Darwin May Ball



Cambridge's famous 'MayWeek' is a week-long series of events held in mid June (yes, June), celebrating the end of the academic year. Most colleges organise some form of event, from garden parties and 'June Events' to the larger 'May Balls'. Running from the evening to the early hours, Darwin's May Ball offers a variety of food, drink and entertainment. The College is redecorated according to a central theme, with guests typically dressing in black tie.

Darwin May Ball transforms our beautiful college grounds, and is open to past and present Darwin members, their guests and other University members. In 2022, May Week returned in its full glory following two years of cancelled/ scaled down outdoor events during lockdown. The Darwin May Ball was a highlight for many, themed around the "Titanic". In 2023, we're hoping to continue to impress and organise a night to remember.

Join the 2023 Darwin May Ball Committee!

The Darwin May Ball is entirely student-organised! Organising a Ball of this size is a unique experience, and there are a variety of roles available on the Committee, from Decorations and Food to Treasurer and even President! In exchange for running the Ball, Committee members get free tickets and other perks such as Ball swaps.

The Committee is formed in October, so look out soon for more information on how to apply on the Darwin College Students Facebook page and in the Darwin WhatsUp email. Expressions of interest and any queries can be directed towards mayball-president@darwin.cam.ac.uk or towards our Facebook (www.facebook.com/DarwinMayBall/) or Instagram page (<https://www.instagram.com/darwinmayball/>).



Darwin Lecture Series



The Darwin College lecture series is an established and high-profile feature of the University of Cambridge calendar. The lectures typically attract an audience of over six hundred people, drawn from both the University and the city. The series is the largest College organised public event in Cambridge. The 2023 lectures, which will be the 38th year of the series, will be on the theme of 'Isolation'. Some of this years lectures include:

- The closing of secrets (Adrian Kent, Cambridge)
- Antarctica: isolated continent (Dame Jane Francis, British Antarctic Survey)
- Isolation and trapping using optical tweezers (Phillip Jones, UCL)
- Are we alone in the universe (Arik Kershenbaum, Cambridge)
- Isolation in International Relations (Amrita Narlikar, Hamburg)

The full list of talks is available here: <http://talks.cam.ac.uk/show/index/5358>

The Darwin College Lecture Series takes place on Fridays during Lent term (January to March). The lectures are given at 5.30 p.m. in The Lady Mitchell Hall, Sidgwick Avenue.

For the last two years, lectures have also been made available afterwards via youtube: <https://www.youtube.com/c/DarwinCollegeLectureSeries>. Previous lectures are available on iTunes and are published by Cambridge University Press.



Freshers' Event Descriptions

BOP

This is the biggest event of Freshers' Fortnight! See page 39 for more details. Ticket purchase information will be released soon.

College History Tour

Learn all about the history of Darwin College from our Dean, Duncan Needham. Join him on a tour through our college.

Derek Scott Bar Games Tournament

Named after our Head Porter, form teams and compete in table tennis, table football, and pool in order to win a prize.

Families Meet & Greet

Welcome event for students with spouses/children, come and meet other Darwin families! Please bring your children and partner. Snacks and toys provided.

Feast of Strangers

Go beyond the usual Freshers week chat! You will be partnered up randomly and provided with a conversation menu of questions. May the conversation begin over some snacks!

Green Wine and Snack Evening

Want to learn more about Darwin's environment and sustainability initiatives? Come along to a Green themed networking event to find out more over a glass of wine!

Freshers BBQ Picnic on the Island

A casual picnic on our very own island to meet your fellow Darwinians over some tasty food! This event will run twice to give everyone a chance to attend.

Kayak Outing

Enjoy the quiet mornings on the Cam with our kayaks. Space limited, so sign up quickly!

Lawn Game Event

A Cambridge classic learn to play croquet and other games in the beautiful Darwin garden.

Film Night

Need a night off to relax after a busy week? Come along to the Bradfield Room for beanbags, popcorn, and a movie :)

Meet the DCSA EC

Casual meet and greet with your favourite DCSA EC officers in DarBar. Come along and have a chat over some drinks and snacks.

Night Punting

Come along for a night time punt down the river. Sign up online to secure a place.

PhD Buddies Mixer

This is where PhD students meet their assigned buddy. You should have received an email telling you which event to come to, or email dcsa_welfare@darwin.cam.ac.uk

Punt Lessons

Assisted punting lessons for beginners. You can't leave Cambridge before trying it.

Secession Session

A weekly Darbar tradition, we make up for the falling value of the £GBP by slashing drink prices every Monday night.

Sports & Societies Fair

Various college and University organizations will have booths for you to explore. Find yourself a hobby for the next year!

Stargazing Walk

Prof. Andy Fabian, OBE, FRS, ex-Vice Master of Darwin College and ex-President of the Royal Astronomical Society will be leading walks into Grantchester Meadows to watch the sky.

Treasure Hunt - Find Darwin's Beard!

Get to know your way around college by participating in our treasure hunt! There are prizes on offer for those who compete :)

Check the online calander for more information and updates on all events!

New Student Checklist

We know that moving to Cambridge and starting in a College can be quite overwhelming, with so many things to organise and lots of new things to try out! Hopefully this booklet has helped you get a better picture of all things Darwin. To now set you on your way, we wanted to make it that little bit easier to get started by putting together a checklist of things to do before your course begins!

General

- Set up your Eduroam access tokens to get access to the internet
- Set up your Upay Account
- Collect a bike tag from the porters

Welfare

- Make sure you know who your Graduate Tutor is - go along to their Welcome Dinner pre-drinks or drop them an email to find a time to meet
- Do you have a long-term health condition, disability or impairment (mental or physical)? If so, consider registering with the Accessibility & Disability Resource Centre (DRC) to have easy access to support when you might need it in future: www.disability.admin.cam.ac.uk/student-information-form.
- Sign up for a consent workshop.

Lifestyle and Admin

- Register with a GP surgery (GP = General Practitioner/Doctor)
- Register for a local UK bank account
- Get a local sim card
- Get your @cam email set up on all your devices to check regularly!

Freshers Fortnight

- Check the time and date of your Welcome Dinner
- Add the Darwin College Students Calendar to your personal calendar to keep track of events
- Attend the Welfare and Sports and Societies Fairs to sign-up for different Darwin College societies meet the Welfare representatives
- Check the events sign up sheet if any of the events you'd like to attend require you to sign up beforehand!



Useful Links

We have combined all links to the DCSA Website, Events Calendar, Events Signup, Facebook Groups, Main College Website and more, in one place.

Just follow the link below or scan the QR code.

linktr.ee/dcsa.cam



Please contact us if you have any questions!

dcsa_president@darwin.cam.ac.uk

Finding your way around



- | | | |
|--------------------------|----------------------------|----------------------------|
| 1) Co-operative shop | 9) Students' Union | 15) Bike shop (King St) |
| 2) Shell (closest ATM) | 10) Bike shop (Botolph Ln) | 16) Bus Station (2 parts) |
| 3) Sala Thong | 11) HSBC & Barclays Banks | 17) Police & Fire Stations |
| 4) Rice Boat | 12) Marks & Spencer | 18) Parkside Pool |
| 5) Granta Pub | food shop | 19) Spice Gate Middle |
| 6) Graduate Hotel | 13) Market | Eastern food shop |
| 7) Grad Pad (Uni Centre) | 14) Sainsbury's | 20) Asian supermarket |
| 8) Mill Lane Admin Site | supermarket | 21) Addenbrookes Hospital |